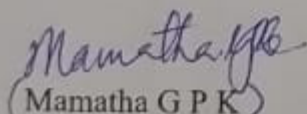



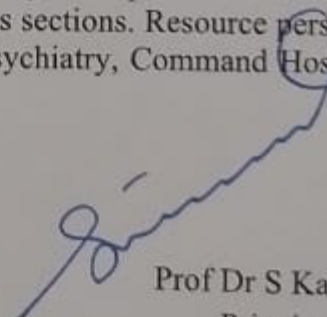
MENTAL HEALTH AWARENESS PROGRAMME- 2023



There is hope, even when your brain tells it isn't- John Green. World Mental health Day awareness session was organized on 20th October 2023 in the AWES campus with staff and students of AIFD and AIHMCT participated with great energy and interest. The session focused on Understanding Mental health, mental health disorders and creating awareness for the same. The focus was on breaking the stigma surrounding the topic in our country. The session was an eye opener and provided insights into various sections. Resource person Wing Commander Amit Kumar, Associate Professor, Dept. of Psychiatry, Command Hospital Air Force (CHAF).


Mamatha G P K
Convenor


Dr Shashikala H
HOD


Prof Dr S Kathirvelu
Principal